

## **MARGIT NOVACK**

## **Speaker and Author Squint: Re-visioning** the Second Half of Life

ABOUT SQUINT: Margit Novack's unique memoir opens our eyes to the abundant possibilities of later life. She pairs profound and memorable personal stories with larger themes (downsizing, caregiving, forgiveness, estrangement and more) and shows that with the right perspective and "re-visioning", the future is rich with possibility.

ABOUT MARGIT: Margit (rhymes with target) Novack is an entrepreneur, thought leader in aging and industry founder in Senior Move Management. After decades in the field of aging, she moved away from her life of work and title, to a new role — author, speaker, and champion of a re-visioned picture of aging. Squint: Re-visioning the Second Half of Life, is her first book.

INTERVIEW TOPICS INCLUDE: Aging, ageism, downsizing, moving, caregiving, senior living, hoarding, family estrangement, parting with treasured objects, legacy, purpose and more.

"Telling it straight about aging and more, it's a must read and a must have for an enlightening and joyful journey."

Helen Dennis, Columnist, Author and Specialist in the New Retirement

"Margit's stories are as memorable as they are wise."

Ken Dychtwald, PhD., Author of What Retires Want: A Holistic View of Life's Third Age and Radical Curiosity: One man's Search for Cosmic Meaning and a Purposeful Life

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